



PET CHECKLIST

A new pet brings a lot of changes to a home, whether a dog or cat is a well-researched family addition or a loving impulse at an adoption event. For pet parents, a checklist of necessary supplies may help with the adjustment to living with and caring for a new furry friend. Psychologists have studied interactions with checklists and have concluded they help people focus and “improve outcomes.”

DOG SUPPLY CHECKLIST

- Food (dry and/or canned)
- Food and water bowls
- Treats
- Collar
- Leash (and a spare!)
- Bedding
- Crate
- Gates (to block off rooms)
- Attire
- Nail trimmer
- Brush or comb
- Shampoo and conditioner
- Toothbrush and toothpaste
- Toys
- ID tag
- Poop bags
- Training pads for house floors

CAT SUPPLY CHECKLIST

- Food (wet, dry)
- Food and water bowls
- Litter and litter box
- Poop scooper and plastic box with lid
- Treats
- Scratching post
- Bed
- Crate (to transport)
- Gates (to block off rooms for kittens)
- Brush
- Nail trimmers
- Toys
- Odor neutralizer (for accidents)

